

SPORTOWY KLUB TANECZNY MEGA DANCE

65-544 Zielona Góra, ul. Dereszowa 27, Tel. +48508197804, www.megadance.pl

Zielona Góra, 5 August 2026

ZAPROSZENIE OPEN POLISH CUP ZIELONA GÓRA, 14 LISTOPADA 2026 R.

Dear Friends,

We warmly invite you to the International Polish Cup in Acrobatic Rock'n'Roll – Open Polish Cup, which will take place on 14 November 2026 in Zielona Góra. All the information you need about the competition is provided below.

- The competition will be held in accordance with the regulations of Polski Związek Rock'n'Rolla Akrobatycznego (PZRA) and the World Rock'n'Roll Confederation (WRRC).
- Competitors from Poland and abroad are welcome to participate. International competitors must belong to their national federation, which must be a member of the WRRC.
- All entries must be sent by 1 November 2026 to the organiser's email address: sktmegadance@gmail.com.
- The detailed competition schedule will be published by 10 November 2026.

With sporting regards

Bartłomiej Kobylański
Sportowy Klub Taneczny Mega Dance

ORGANISATIONAL INFORMATION

1. Organiser	Sportowy Klub Taneczny Mega Dance Polski Związek Rock'n'Rolla Akrobatycznego
2. Categories	Children Start Children Juveniles Juniors Main Class Contact Style (MCCS) Main Class Free Style (MCFS) Juvenile Girls Mini Formations Junior Girls Mini Formations Ladies Mini Formations Juvenile Girls Formations Junior Girls Formations Ladies Formations
3. Competition date	Saturday, 14 November 2026
4. Competition venue	Centrum Rekreacyjno-Sportowe w Zielonej Górze Hala CRS ul. Sulechowska 41, 65-022 Zielona Góra
5. Entries	Sportowy Klub Taneczny Mega Dance ul. Dereszowa 27, Zielona Góra e-mail: sktmegadance@gmail.com tel.: +48 508 197 804
6. Registration	Friday, 13 November 2026 Centrum Rekreacyjno-Sportowe w Zielonej Górze – Hala CRS Time: 18:00–20:30 Club representatives register the entire group of competitors entered by their club.
7. Entry deadline	By 1 November 2026, to the organiser's email address: sktmegadance@gmail.com
8. Judges	As appointed by Polski Związek Rock'n'Rolla Akrobatycznego
9. Music	Qualifying rounds – music provided by the organiser Finals – competitors' own music Competitors' own music must be sent in MP3 format by 8 November 2026 to the organiser's email address, or as specified in separate instructions from the organiser.
10. Floor practice and warm-ups	The detailed floor practice and warm-up schedule will be published by 10 November 2026.
11. Schedule	11:00 – Qualifying rounds 15:00 – Final I 18:00 – Final II / Final Gala Expected end of the competition: 20:30 The detailed competition schedule will be published no later than 10 November 2026.
12. Entry fee	60 PLN / 15 EUR per competitor 20 PLN / 5 EUR for each additional category THE ENTRY FEE MUST BE PAID BY 8 NOVEMBER 2026 BY BANK TRANSFER TO THE COMPETITION ORGANISER'S ACCOUNT, AS SPECIFIED IN THE ENTRY

	FORM. Sportowy Klub Taneczny MEGA DANCE ul. Dereszowa 27, 65-544 Zielona Góra tel.: +48 508 197 804 NIP: 973-07-43-557 REGON: 97799240 KRS: 0000128749 Account number: 38 1050 1911 1000 0022 6674 5039 (ING Bank Śląski)
Awards:	All competitors will receive certificates. Finalists will receive trophies, medals and prizes.
Tickets:	Standard ticket – 40 PLN Reduced-price ticket – 10 PLN (all-day admission to the competition)
Admission for coaches:	Coaches from registered clubs are entitled to free admission based on the number of competing athletes: • up to 10 competitors – 2 coach passes • 11–20 competitors – 3 coach passes • 21–30 competitors – 4 coach passes • 31–40 competitors – 5 coach passes For every additional group of up to 10 competitors, the club receives 1 extra coach pass.
Meals:	A two-course lunch with a drink at Centrum Rekreacyjno-Sportowe – 35 PLN / 9 EUR. Orders must be submitted by 1 November 2026 together with the club's entry. Please contact the organiser regarding accommodation.

The competition will be held in accordance with PZRA and WRRRC regulations.

Information for clubs

1. Competing in multiple categories

A competitor may compete in a maximum of three (3) categories at a single competition. The categories must comply with the applicable age criteria.

2. Couple categories

A male or female competitor may not compete in both the “Children – Start” and “Children” categories, even if they meet the age criteria.

This rule also applies to higher couple categories: within the same calendar year, a competitor may not compete in their own category and in the next higher couple category with a different partner.

3. Mini Formations and Formations

*In Mini Formation and Formation categories, a maximum of **two** female competitors may fall outside the age criteria (by no*

more than one year older or younger).

Formations may also compete in a higher category, provided they meet the applicable age criteria.

4. Rule violations

If a couple or formation violates the rules, the competition observer will issue a warning.

*If the rules are violated again during the next performance, the couple or formation will receive **a points penalty**.*

*The final decision on imposing the penalty is made by the **competition observer**.*

5. Costumes

*Competition costumes do not have to meet all the criteria set out in WRRC regulations, but they **must not be excessively revealing**, especially around the abdomen and neckline, and must maintain **a sporty and tasteful appearance**.*



ENTRY FORM

Club name:

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Address:

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NIP:

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ENTRY FEE SUMMARY

BASED ON THE ENTRY TABLES BELOW (**COMPLETE THESE FIRST**)

No.	CATEGORY	NUMBER OF COMPETING COUPLES / FORMATIONS		TOTAL FEE FOR EACH CATEGORY AS CALCULATED IN THE ENTRY TABLES BELOW
		COUPLES	FORMATIONS	
1	Children START			
2	Children			
3	Juveniles			
4	Juniors			
5	MCCS			
6	MCFS			
7	Juvenile Girls Mini Formations			
8	Juvenile Girls Formations			

No.	CATEGORY	NUMBER OF COMPETING COUPLES / FORMATIONS		TOTAL FEE FOR EACH CATEGORY AS CALCULATED IN THE ENTRY TABLES BELOW
		COUPLES	FORMATIONS	
9	Junior Girls Mini Formations			
10	Junior Girls Formations			
11	Ladies Mini Formations			
12	Ladies Formations			
TOTAL AMOUNT PAYABLE:				

The organiser will issue a bill to the entering club based on the submitted entry form.

Upon receipt of the bill, the entering club must pay it by bank transfer to the competition organiser's account no later than 8 November 2026 (the date on which the funds are credited to the organiser's bank account).

Bank transfer details:

Sportowy Klub Taneczny Mega Dance, ul. Dereszowa 27,

65-544 Zielona Góra NIP 973-07-43-557

Bank account number: 38 1050 1911 1000 0022 6674 5039

Bank name: ING Bank Śląski

Payment reference: Bill number + CLUB NAME

Competitors taking part in the International Polish Cup must pay an entry fee of 60.00 PLN / 15 EUR per competitor.

If a competitor participates in several categories, an additional entry fee of 20.00 PLN / 5 EUR per competitor applies to each additional category.

1. CATEGORY – CHILDREN START COUPLES

No.	MALE PARTNER First and last name	FEMALE PARTNER First and last name	ENTRY FEE 60.00 PLN / 15 EUR per competitor
TOTAL ENTRY FEE FOR CHILDREN START:			

2. CATEGORY – CHILDREN COUPLES

No.	MALE PARTNER First and last name	FEMALE PARTNER First and last name	ENTRY FEE 60.00 PLN / 15 EUR per competitor

[illegible]

TOTAL ENTRY FEE FOR JUVENILE COUPLES:			

4. CATEGORY – JUNIOR COUPLES

No.	MALE PARTNER First and last name	FEMALE PARTNER First and last name	ENTRY FEE 60.00 PLN / 15 EUR per competitor
TOTAL ENTRY FEE FOR JUNIOR COUPLES:			

5. CATEGORY – MAIN CLASS CONTACT STYLE (MCCS)

No.	MALE PARTNER First and last name	FEMALE PARTNER First and last name	ENTRY FEE 60.00 PLN / 15 EUR per competitor

[illegible]

TOTAL ENTRY FEE FOR JUVENILE GIRLS MINI FORMATIONS:				
8. CATEGORY – JUVENILE GIRLS FORMATIONS				
No.	COMPETITOR First and last name	Formation name	ENTRY FEE 60.00 PLN / 15 EUR per competitor	ENTRY FEE FOR EACH ADDITIONAL CATEGORY 20.00 PLN / 5 EUR per competitor
TOTAL ENTRY FEE FOR JUVENILE GIRLS FORMATIONS:				
9. CATEGORY – JUNIOR GIRLS MINI FORMATIONS				

No.	COMPETITOR First and last name	Formation name	ENTRY FEE 60.00 PLN / 15 EUR per competitor	ENTRY FEE FOR EACH ADDITIONAL CATEGORY 20.00 PLN / 5 EUR per competitor
TOTAL ENTRY FEE FOR JUNIOR GIRLS MINI FORMATIONS:				
10. CATEGORY – JUNIOR GIRLS FORMATIONS				
No.	COMPETITOR First and last name	Formation name	ENTRY FEE 60.00 PLN / 15 EUR per competitor	ENTRY FEE FOR EACH ADDITIONAL CATEGORY 20.00 PLN / 5 EUR per competitor

TOTAL ENTRY FEE FOR JUNIOR GIRLS FORMATIONS:

11. CATEGORY – LADIES MINI FORMATIONS

No.	COMPETITOR First and last name	Formation name	ENTRY FEE 60.00 PLN / 15 EUR per competitor	ENTRY FEE FOR EACH ADDITIONAL CATEGORY 20.00 PLN / 5 EUR per competitor

[illegible]

TOTAL ENTRY FEE FOR LADIES FORMATIONS:				

MEAL AND ACCOMMODATION RESERVATION FORM



Club name	
Person making the reservation:	
Phone number:	
Email address:	

MEAL RESERVATION

TWO-COURSE LUNCH WITH A DRINK: 35.00 PLN / 9 EUR	NUMBER OF LUNCHES	AMOUNT PAYABLE

ACCOMMODATION RESERVATION

	Preferred price range and accommodation arrangements	NUMBER OF GUESTS 13/14.11.2026	NUMBER OF GUESTS 14/15.11.2026	AMOUNT PAYABLE
HOTEL/ HOSTEL				
DORMITORY/ APARTMENT				

Please contact the organiser regarding accommodation.

Upon receipt of the bill for the reservation, payment for meals and accommodation must be made by bank transfer to the competition organiser's account no later than

8 November 2026 (the date on which the funds are credited to the account).

Lunch orders must be submitted by 1 November 2026.

Bank transfer details:

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